

# Obiri naende okerentire inka Kenya.

Engaki ende yamatonto ,omominyoki oito otari kwebeka Hellen Obiri amo nomogaka oye Tom Nyaundi,nigo baete chinguru abaminyoki ba Kenya bakobwatia batware chindoto chinene.



Naya Laura Markwardt. Ebicha neya Colin Wong.

Obogima bwa omomunyoki egiata kia amaminyoka amatambe obore para.Naboigo e'olympian Hellen Obiri,namayate ase akoroka inka."gusii noo nkorwa naende noo inka."Nabo akoboora. "Namenyire inche amo ne'famili yane emiaka emenge.Ekero nang'anyete gochia Nairobi,Nairobi ekaba enka yane ya'kabere."

Obiri nigo akoeerigwa na Nathan Ritzenhein amo na On Athletics Club (OAC) eyio ere Boulder,CO.

Nigaiga inse ye'bitunu bia Rocky Mountains,ase amenyete n'omosacha oye Tom Nyaundi naboigo ne'nyaroka yabo Tania korwa 2022.Omonyanire n'omosacha oye korwa obwana bwabo."Inang'anyete gochia America amo na Tom naende ning'isaganete na okang'anya okwo.Korende ngoteba bare inka ni inka na gusii no inka aseng'encho noo abaibori bane bare."

Nyaundi,nigo agokwana igoro y'obwamate, obwamate obonene abwategochia ase Obiri.Obwamate obwo nigo bore bwo 'obwanchani no'okweng'ata. "Igo nde omomura bwe'riroba ria gusii,Kenya.Inakina king'etanaine ne ekenyoro naboigo ne'eamate ya abagusii naende Ninde no'okwegena nga'a nka mbuya.

Aba neba ng'a enkoro yaye igo ere nka,Obiri-osiirire na Nyaundi- igo ateneine ase oboiko bwe'nse buna ekeorokererio kia biria bikonyarekana ekero osiirire.

Obwango arua kominyoka 43.195KM aaria Paris,nigo atarerete obobui bwaye ase abaminyoki ense engima,kobwatia obobui bwaye bwagatato ase amamimyoko a World Marathon Major.Komenta nayio,nigo abwate naende chigutwa isano na ibere chio'obobui amo na obobui bwa World Cross Country.Nigo abwate egutwa yo'okobeka erecodi ye chi mita 3000."Namanyate gose ning'ike ase naikire," nabo akoboora rigoro rio'omosangerereko bwe'chigutwa chiaye chia ogokumia." Korende nabwate okwegena no'ogesemeria.Ekio naki kegerete inde ase nde bono iga."



Amasikani Obiri abwate ase omokia ogokweorokia ase kera ensembo yo'obogima bwaye- neba kwegera are ase chi mita 1655 igoro ye'nyancha, kominyoka na gotiga abande magega igaaria Paris gose goteba omogano bwa abana bamwabo abu bare batano no'omo boigo na abaibori baye abu bare abaremi igaaria chinkongo chia Boginchoncho Kenya." Ko'orakore omokia nonyore egetari ase obogima. Igo ne'menyatie aya korwa ase abaibori bane, naki gekogera nakora omokia ase ekeegwa kiane gi'okominyoka."

Omokia oyio bwe'gasi -asomerete inka Kenya ase egesaku kia omogusii-igo osimegete ekemeri kegendererete komera na gochabuumba ase Obiri no'omasacha oye Nyaundi. "Omogusii nigo are no'omokia naende tari goku moyo." Obiri nabo akoeresa. "Ekio nakio kegocha omotu ime (ekero kominyoka)." "Koru bakoro etwe genete ng'a bagusii mbari goku moyo. Koinyora egesaku kiane ase nkorua natwara chinguru chiokogenderera."

## **“Abanto bagusii genderera gotwara ogosemeria.”**

Chindoto chisangire, omokia amo no'ogatakwa omoyo  
no'ogosemeria, Obiri na Nyaundi abakweresa enka yabo buna " ase agiya  
naboigo abwate rire rigiya komenta na abanto abaya  
baragosiire. "Mbainyorete ebikongo baeteire goikera ase bare. Omokia  
otari koera nabo ogokoa okanyarekana kwa obobui ekero gokoumerana  
ne'biro ne chingaki.

"Ase nkorwa ekenyoro ekegogosiira nonye oborai mbori buya ase  
ensemo ye'serikali naki gekogera abaminyoki gotanyora chingaki gose  
ribaga riogo chabuumba ase amamimyoko." Nabo Obiri agoteba.



Obiri na Nyaundi nigo babwaterenarete . Nyaundi kobarigiria abasae bagokina bono amabaga naende mbabwate ogosemiera abasae abwo mbachabuumbe imenya Kenya .

"Nimanyete ntobwate ebiegwa ebinge ase nkorua."Nabo Obiri agoteba."Korende abaminyoki aba be ekegori egeke mbakonyora chingaki ama ne'ribaga.Totagete gochaka chikambi chia okegwera chibwate ebinto bionsi bigotumeka ase obwegeria obwo naboigo ne'chinsemo ao ao chia okwegera.Abamura ne chinyaroka babwate ebiegwa-nigo totagete kobaa ribaga ria ogochabumba."

Nyaundi akomenta goteba "abaiseke batekeire koegwa chinguru ne'ribaga riogochabuumba.

## **“Ase nkorwa obomanyi nobonge boreo. Nigo totagete banyare kobua.”**

Ekenyoro,eamate amo no'omokia nabio Obiri na Nyaundi basengete.Buna ng'ina Tania,naende buna omosemia bwo'omominyoki o OAC Sinta Vissa,Obiri nigo akoirorera ng'a ogosiirwa kwa bene nakwo gotang'aine ase okogera abaminyoki abake bachabuumbe na goikerania okogania amo ne'chindoto chiabo kibagokina."Nigo ng'anchete gosegeta abaminyoki abake gotwara omokia.Nchera ende teiyo ase obogima.Goika bwegase goikerania okogania kwao."Nabo agoteba.

Buna omokia okoa omonto ribaga,naboigo ebiegwa ebigocha no'kwengata.Nyaundi nabo agoteba igo."Ninde no'okwegena ng'a gochabuumba ase obogima goika omonto bweng'ate.Hellen nigo esigete naende na'nchete egasi yaye.Naki gekogera nkore kende gionsi ndanyare erinde mosiire.

Kong'anya gochia mache mumbu korigia amabaga batatare gocha konyora  
Kenya igo yarenga "erinde omochione obioke"Nabo Nyaundi  
agoteba.Okweng'ata,ogosemeria no'okwegena nabi bigerete Obiri  
agachabuumba.

Ogosemia Kwa Nyaundi," Igo ngotebia abanto banywomaine  
basiirane.Kong'usanana nkoiyo ase enywomo.Siirana ase amaganio  
aino.Mbuya korigia korora obogima bwao ase amatuko agoocha.Ekio  
nakio keragere oimokie egetambokero ekenene keragokonye.Kora  
omokia,kabe enchome,toku moyo."Nabo Hellen agoteba.

Abanto abooge abekweroseria erieta.Erieta ria Obiri nigo arigitie gosiira  
abaminyoki abake bategete gokina.

"Nigo ndigetie gosegeta ekegori egeke gokora omokia erinde baikerenie  
okogania kwabo.Chikambi chia okweegera,ebitii biokominyoka na  
amamimyo abangire.Ebi nabio ntagete koa mwanyagetinge.Nganyetie  
batware ogosegetana kwo'gokora omokia erinde nabarabwo bakonye  
ekenyo.Oku nakwo okogania kwane."Nyaundi noo bare na Obiri ase  
chinchera chionsi.Ebirengererio mbibwate chinguru naende nabo  
okobikora bikoreke.Obiri nabwate ekeegwa kiogokora amaganio ayio  
akoreke.

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